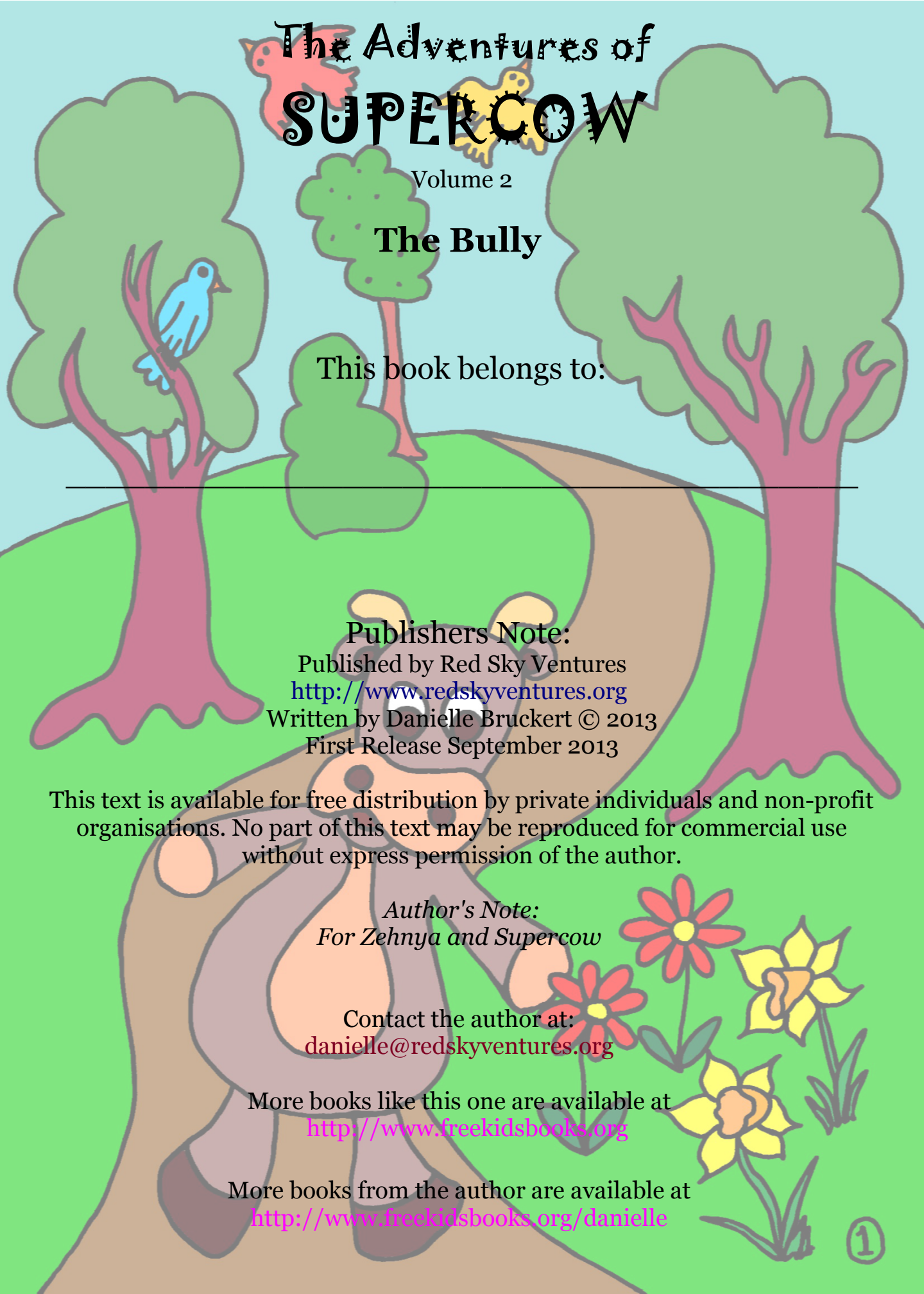


SUPERCOW VOLUME II

The Bully



DANIELLE BRUCKERT



The Adventures of **SUPERCOW**

Volume 2

The Bully

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Written by Danielle Bruckert © 2013

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For Zehnya and Supercow

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More books like this one are available at

<http://www.freekidsbooks.org>

More books from the author are available at

<http://www.freekidsbooks.org/danielle>

*One fine
ordinary day,
Cow was taking
a stroll
in the park.*



*Today there was
no crime to fight;
all the bad men
were locked up.*



*And there were no
lives to save;*

*the life guard was
on duty
at the beach,*



*and the
neighbourhood watch
was on patrol
in the streets.*



*But,
Cow could hear a
call for help!
Who could it be?*



*It was a young boy.
He was being bullied
by some older kids.*

*The children were
being very mean to him.*



*Quick as a flash,
Supercow was there!*



*The biggest bully was
so surprised,
he lost his balance,
and fell
on his bottom.*



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*Supercow hung the
big bully by his shirt
collar to a tree,
to think about
what he had done.*

*After a short time, the big
bully realised his mistakes,
and he said "Sorry".*

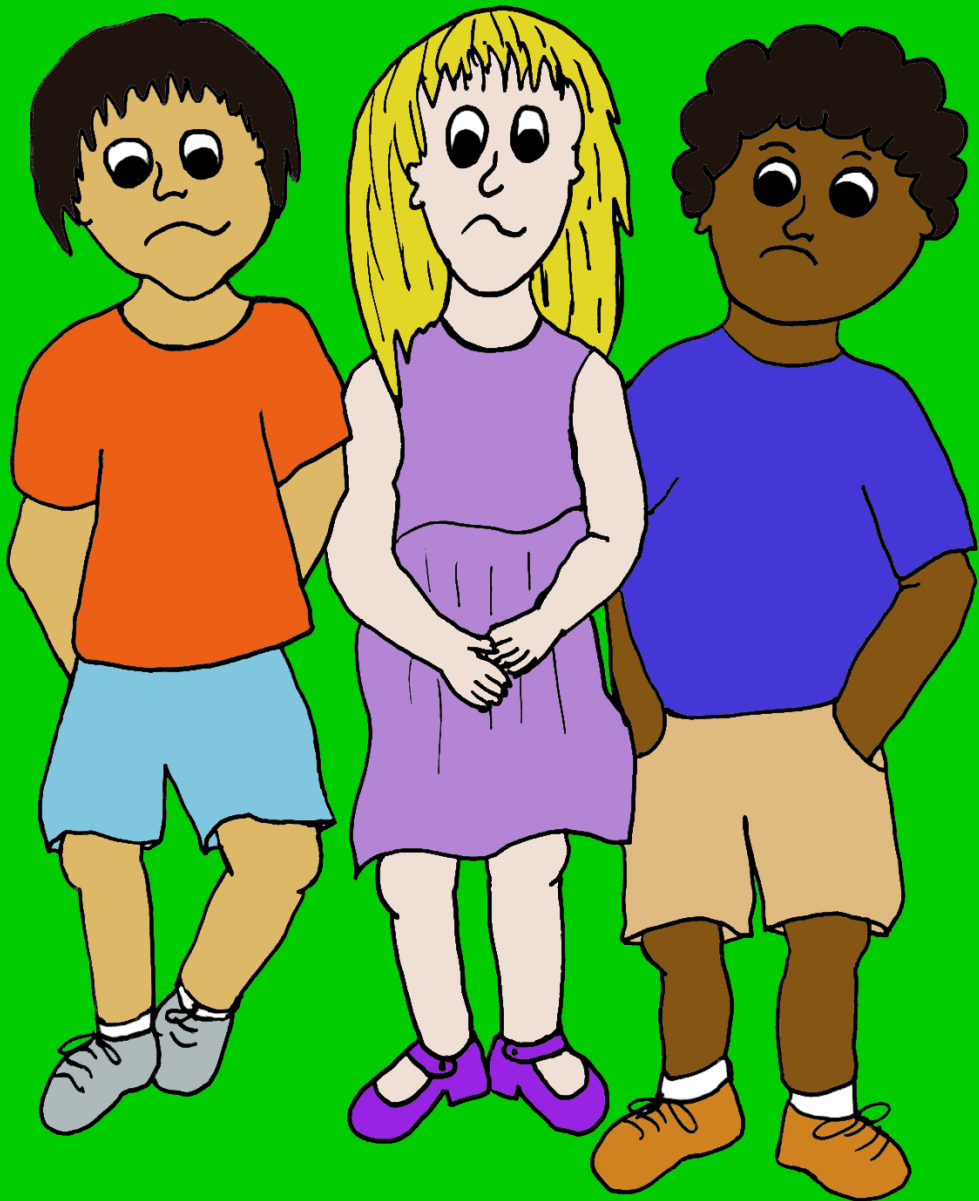


HEY!
NOT FAIR
!!!

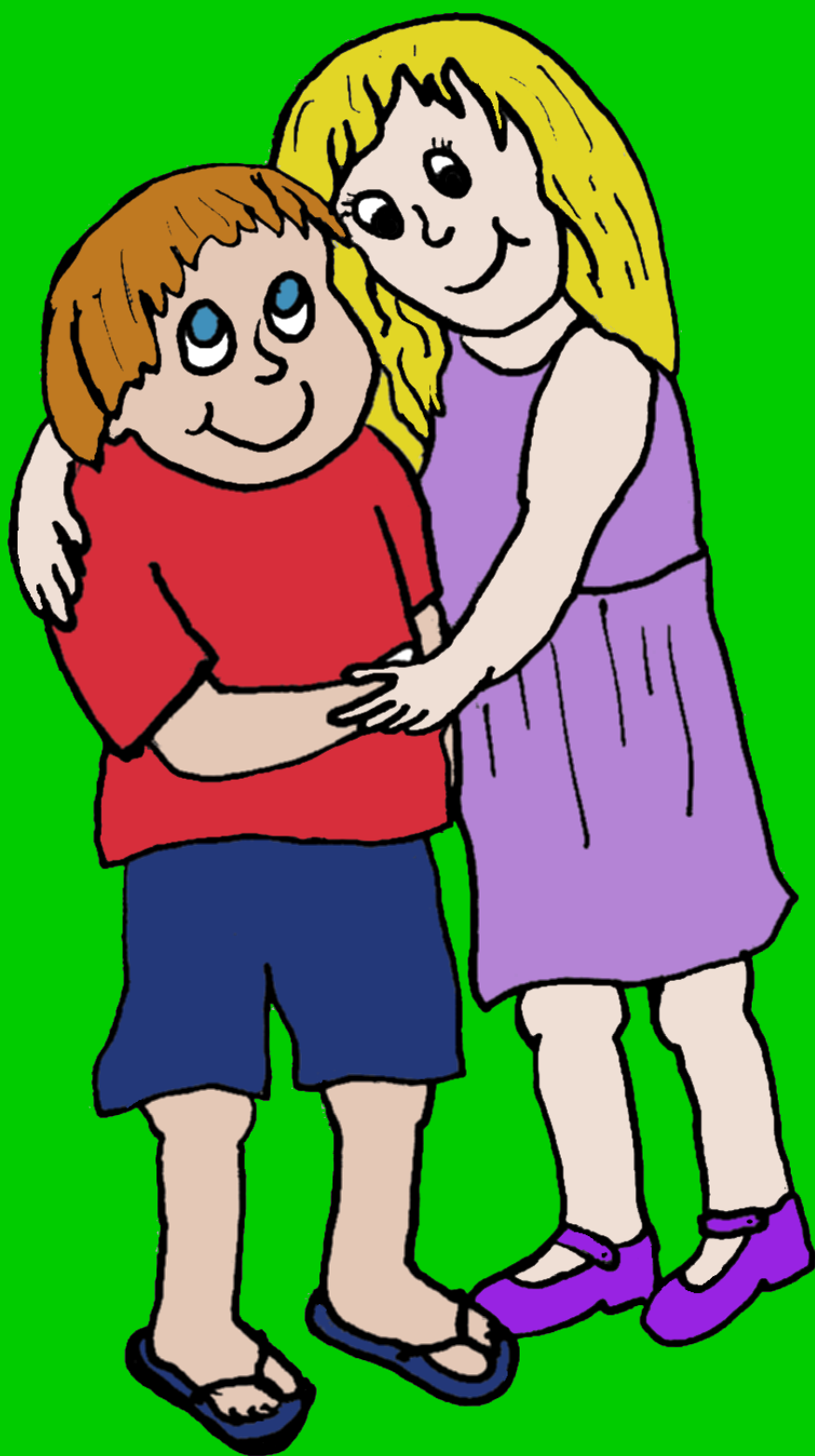
SORRY

*All the kids now
realised how wrong
they had been.*

*They felt very ashamed of
what they had done.*



*Seeing him so upset,
one girl went to comfort
the little boy
being bullied,
and gave him a
big cuddle.*



*The big bully realised how
wrong he had been,
and promised to
never be mean to anyone
ever again;*

*Supercow let the
big bully down.*



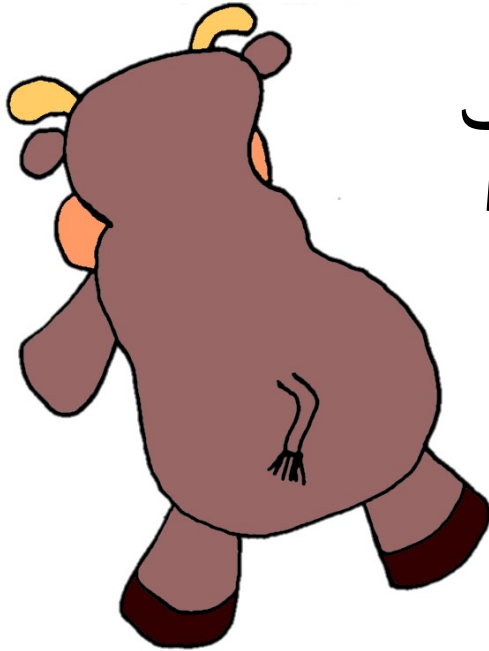
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*Seeing all his work
was done here,
Supercow flew away
to save
another day.*



*And Cow went back to
what was just,
an
ORDINARY
day.*





THE END



Supercow Disclaimer

This story is entirely fictional,
any resemblance to real people,
animals, cows, bugs, or fish,
(especially anyone in
the picture above)
is purely coincidental.

Bullying

Recognition

If a child has not built up trust with someone, especially an adult, they will not tell anyone they are being bullied, often until it is too late. Some incidents of bullying in teenage years have resulted in death and suicide. Many teenagers and middlegraders will have mood swings, but it is really important as a parent, caregiver or concerned adult friend, that you monitor any mood changes, or behaviour changes and speak to the child concerned as soon as possible. Being available, being observant, and being a friend, can be your biggest methods of support for a child in difficulty.

Confidence

A confident child will shrug off or counteract bullying, and the bully will usually lose interest soon enough. It's no fun bullying someone that doesn't bite. Ensuring a child is sure of themselves, secure in their own self image, accepting of their abilities and disabilities will mean they are less likely to be a victim of bullying, or if they are, they have the ability to deflect the attack and turn the situation to their advantage.

Support

If a child comes to you for support, it is vital that the situation is handled correctly. Incorrect handling can result in more subtle and more vicious bullying, which could be much more emotionally damaging than straight physical attacks. If it is the first time you have dealt with the issues seek advice and research the subject carefully. Both generically and personally, don't jump in feet first, especially if you are emotionally involved. Time taken to search for a solution will result in a better reaction for all involved.

Prevention

Start early by instilling confidence and trust with your child. Ensure they have a high self worth, and a high level of trust in you to share problems without fear of repercussions. This is harder than it sounds, but much easier than it is for a child to put up with bullying silently. If you start early and keep practicing, it will have rewards.

Links to Bullying Support Sites

<http://en.wikipedia.org/wiki/Bullying>

<http://www.bullying.org>

www.bullying.co.uk

<http://www.stopbullying.gov>

Links to Child Behaviour Support Sites